

Using Capital Letters in English Writing

Here are the rules for capitalisation in written English. Most of these rules are [obligatory](#), but some are optional*.

Rules	Examples
The first word in a sentence.	The first word in a sentence always has a capital letter.
The pronoun "I".	H e and I went to the cinema. S he and I want to study tonight.
Acronyms and initialisms formed from the first letters of words.	NFL – National Football League NHS – National Health Service FIFA - Fédération Internationale de Football Association
Proper nouns. Proper nouns include:	
1.) Names of people and their titles.	Mr. Michael Jones Mrs. Jane Doe Dr. Doolittle
2.) Nationalities, races, ethnic groups, religions and languages.	British Chinese Inuit Islam Muslim French
3.) Specific places.	London Italy 10 Downing Street The Grand Canyon
4.) Geographic areas.	The Middle East Western Europe
5.) Days of the week, special days and months of the year.	Monday Independence Day January Christmas Day
6.) Deities*	God Shiva Allah
7.) Organisations	Department of Health Bank of England
The first and last words in titles apart from articles and conjunctions.*	War and Peace Charlie and the Chocolate Factory.